## 508.01E2 Resource List for Low-Income Families Who May Qualify for Free or Reduced Vision Evaluations

Friday, August 11, 2023

## RESOURCES FOR LOW-INCOME FAMILIES WHO MAY QUALIFY FOR FREE OR REDUCED-COST VISION EVALUATIONS

- 1. Insurance coverages Many insurance companies cover the cost of an eye exam (Blue Cross/Blue Shield, United Health Care, Coventry, Vision Service Plan, Spectera, etc.). Check with the company as to details of vision care coverage.
- 2. Employer-based options Parents with cafeteria plans, Medical Savings Accounts, Health Savings Accounts, or other flexible spending plans through employers can typically use these accounts to pay for vision exams.
- 3. Medicaid and Kids Connection Office visits, eye exams and glasses are covered. Local social service offices have details as to eligibility.
- 4. SIGHT FOR STUDENTS Provides free exam, discounted eyewear for eligible students from participating optometrists. Check website for details: www.sightforstudents.org
- 5. Lions Clubs of Nebraska Clubs located throughout the state provide vision care assistance for needy families. Usually involves referral by teacher, clergy or health professional. Contact local clubs for details.
- 6. Community health centers and services Community health centers and community-based health services throughout the state can provide free eye exams for low income families that qualify, or coordinate the availability of reduced-cost services. Check with local social service agencies for options near you.

- 7. Discount plans from health care providers Many optometrists and other health care providers offer family discounts, package pricing on children's eyewear, and other in-office discounts.
- 8. Vision USA Low income families with working parent and no vision insurance may qualify for free exams from participating optometrists. Call 1-800-766-4466 or check the American Optometric Association website (<a href="www.aoa.org">www.aoa.org</a>) for eligibility guidelines and information about scheduling appointments.